

LEARN TO SAIL

BASIC KEELBOAT SAILING STANDARD (ASA 101)

The Perfect Introduction to Sailing

Sailors will learn all the essential fundamentals of sailing on the exciting Open 5.70 - a 19ft one design keelboat. Graduating sailors will be able to sail in light to moderate winds and sea conditions in familiar waters without supervision.

This course is ideal for individuals with little or no prior sailing or boating experience and a great starting point for those people who have never had any formal training.

ASA Advantages

The American Sailing Association is the world's foremost organization dedicated to training, teaching and certifying schools, sailing instructors and sailing enthusiasts. When you take a course at an ASA certified sailing school, you know you're learning how to sail and getting the most rigorous, safety-first education and the best sailing instruction available.

Earning certifications through the ASA will afford you top credentials that are recognized by schools and charter companies the whole world over.







What You Will Learn

Sailing Knowledge

- Terminology
including parts of a sailboat, functions of items on a sailboat, sailing terms, parts of a sail, points of sail and more.
- Navigation Rules
identify "stand-on" and "give-way" boats in common situations involving sailboats and power boats, navigation aids, sound signals, running lights and more.
- Boating Regulations
including boat documentation, waste disposal, float plans, accidents, and more.

Sailing Skills

- Gear & Equipment
including PFDs, appropriate clothing, and more.
- Sailing
including hoisting and lowering of sails, acting as skipper & crew using proper commands and responses, sailing away and back to the dock in various wind conditions, sailing upwind and downwind while performing tacks & gybes, and more.
- Crew Overboard
including be able to recover a person after they fell overboard, knowing how to get a person onboard, and more.
- Knots
know the function and be able to tie some common sailing knots including a bowline, a figure eight, a cleat hitch and more.

Prerequisites	None	
Hours	 4 classroom	 20 sailing
Days	 4 DAYS	Weekends & Weekdays Available
Students (per boat)		
Boat		
Certifications		



Open Sailing USA | www.OPENSAILINGUSA.com | 310-928-6570

